# **WELCOME MARYLAND VETERANS!**

The Maryland Transit Administration's Office of Training and Development (OTD) is proud to present to our Maryland Veterans this online catalog of available training. The skilled and dedicated OTD staff, as well as the numerous private sector instructors that we employ, make these offerings possible. We feel certain you will find one or more classes that will assist you toward your career goals.

Our mission for this program is to make available to you, our Maryland Veterans, the same quality and innovative learning programs we provide for MTA employees. Our hope is that the opportunities provided to you through this program will help you reach your professional and career goals.

With that in mind, please look through this course catalog and begin planning your training for the upcoming months.

Once you have found the class or classes that interest you, contact Mr. Marvin Mason, Special Assistant to the Director, Office of Training and Development (410-767-0707 <a href="mmason@mtamaryland.com">mmason@mtamaryland.com</a>) to arrange for an appointment. He will help you with more information, if needed, and class registration procedures.

I hope you find this catalog and the courses contained within it helpful in enabling you to achieve your career goals.

Joe Seitz

Director, Office of Training and Development Maryland Transit Administration

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## EMPLOYEE DEVELOPMENT Contact: D. Liely

# N层W ODPOLFP100 Intro to Financial Planning

20 students 1 hour This class complements the ongoing program from the State Retirement Agency for state employees who are within 8 years of retirement eligibility.

# NEW ODPOLCC300 Call Center Coaching Skills

20 students 6 hours This course is designed to upgrade and refine coaching skills for the mature Call Center trainer, supervisor, manager or coach.

# NEW ODPOLCC200 Call Center Telephone Skills II

20 students 6 hours This is a Telephone Skills enhancement course designed for the experienced Call Center or other telephone intensive professional.

# NEW ODFA100 Finances & Planning for Retirement

15 students 6 hours This program complements any ongoing programs sponsored by MTA or the State Retirement Agency. The class is designed to assist employees in aligning finances with stated retirement goals and to help employees identify strategic ways to develop a meaningful retirement lifestyle.

## MANAGEMENT / LEAD-ERSHIP DEVELOPMENT Contact: Heather Koeberle

# NEW ODMGTLR Labor Relations 101

25 students 6 hours
Created by the Labor Relations Department, this course covers specific MTA topics for dealing with union issues, including: grievance training, various policies (FMLA, workers' comp, attendance monitoring, etc.), past practices, management rights, and contract interpretation.

Strongly recommended for all supervisors and managers.

# NEW ODMGTPM Project Management

25 students 6 hours Provides students with the skills and techniques needed to initiate, plan, control, execute, and close out projects successfully on time and within budget.

# ODMGTGC Gender Communications

25 students 6 hours Participants will learn how to avoid gender stereotypes, understand conversational styles and their impact on work, and address power issues related to gender.

# ODMGTBW Writing for Better Business

25 students 3 hours Participants will examine through a series of practice activities - basic grammar, punctuation, vocabulary and redundancy to eliminate ini-

# NEW ODMGTBW2 Business Writing-The Next Page

tial barriers to effective writ-

ten communication.

25 students 6 hours This course looks at skills that improve the quality and tone of business writing. Redundancy, audience analysis, drafting outlines, self-editing techniques, and tone are primary topics.

PREREQ: ODMGTBW

# ODMGTS1 & 2 Role of the Supervisor Part 1 and 2

25 students 12 hours This course covers key aspects of the supervisor's job: moving from peer to supervisor, boss vs. leaders, situational leadership styles and managing accountability.

#### ODMGTCS

# Fundamentals for Delivering Outstanding Customer Service

25 students 3 hours Participants will learn to apply the concepts of the Cycle of Customer Service and Moments of Truth to foster a work environment that supports delivery of outstanding service to external and internal customers.

## ODMGTCIS

# Communication and Interpersonal Skills for the 21<sup>st</sup> Century

25 students 6 hours
This course provides the opportunity to improve skills
necessary to supervise and
lead work teams. Participants
will examine barriers to effective communication, active listening, and techniques
to send clear messages.

# ODMGTTW The Art of Using Time Wisely

25 students 6 hours This session provides tools to maximize time and resources more effectively, including the importance of selfmanagement. Participants will learn to identify time wasters, assign priority levels, and allocate and schedule tasks appropriately.

## ODMGTADA

# **ADA/Sensitivity Training**

25 students 3 hours
This course examines the impact of the ADA on management strategies and approaches and provides an awareness of the issues, feelings and impact on team members with respect to the ADA and other areas of sensitivity.

#### ODMGTBT

## The Basics of Effective Performance Management Training

25 students 6 hours
This course examines the process of developing documentation to support performance evaluations. Participants will learn the process to set expectations for performance, and how to prepare, plan and conduct effective performance evaluation meetings.

#### ODMGTCTM1

# Coaching, Training & Motivation 1: Managing for Results

25 students 6 hours
This introductory course examines, through a series of lessons and practice exercises, coaching techniques used in day-to-day supervision to empower employees.
Topics include the use of questioning in coaching, effective feedback, and seeking employee commitment.

### ODMGTCTM2

# Coaching, Training & Motivation 2: Managing for Results

25 students 6 hours Participants will work in small groups and examine their application of coaching techniques. The course also covers planning and executing coaching sessions and how gains commitment to the plan, and hold employees accountable to their commitments.

PREREQ: ODMGTCTM1

#### **ODMGTCCM**

## Coaching, Counseling and Mentoring: Developing High-Level Performers

25 students 6 hours This course builds on the skills in Coaching (1 & 2) and examines the distinctions between coaching, counseling, and mentoring. Participants will examine advanced coaching techniques such as mirroring, reframing, validating and tapping inner motivation.

PREREQ: ODMGTCTM1 & 2

#### **ODMGTPS**

# Public Speaking and Public Relations

25 students 6 hours
This program addresses essential elements of successful public speaking, including: topic selection, presentation style, preparation and rehearsal techniques, voice projection, and eye contact. Participants will learn through practice to develop their best strengths.

#### ODMGTMC

# Managing Conflict and Confrontation

25 students 6 hours This course covers the five conflict management options. Steps for collaborative conflict management are discussed, along with thinking styles, managing emotions and communication skills for effective resolution.

#### **ODMGTDP**

# Dealing with Difficult Situations and Personalities

25 students 3 hours In this workshop, participants will build on the skills from Managing Conflict and Confrontation to become more comfortable handling tough work problems: chronic performance problems, personality issues, and more.

### ODMGTSM

# Meeting Success with Successful Meetings

25 students 3 hours This workshop provides participants with the tools to lead productive, two-way team meetings. Topics include: agenda preparation, developing ground rules, facilitation, and documented follow-up.

#### **ODMGTMS**

### A Leadership Approach to Managing Workplace Stress

25 students 3 hours Participants learn the negative impacts of stress on individual and work group productivity. They will learn how to recognize unproductive stress in themselves and their employees and strategies to manage/reduce stress.

## ODMGTDW

### Diversity in the Workplace

25 students 6 hours
This course provides practical strategies for managing a diverse workforce. The course examines the benefits of uniqueness and commonality in the workplace and the management skills required to lead people from diverse backgrounds beyond the trinity of race, religion and gender.

#### ODMGTMG

## **Managing Generation Gaps**

25 students 6 hours Participants will learn tools and techniques to supervise younger/older workers. The course examines generational issues that arise and topics will include: paying your dues, speaking the language, casual attitudes, and power structures and hierarchy.

#### ODMGT101

# Foundations of Leadership #1

20 students 8 hours This course covers the most important concepts involved in managing people. It includes: leading vs. managing; best practices of leaders; key issues facing MTA leaders; and situational leadership styles.

#### ODMGT102

# Foundations of Leadership #2

20 students 8 hours This course covers the most important concepts involved in managing people. It includes: communication and listening; behavioral styles; managing/resolving conflict; developing your people; and coaching/feedback. PREREQ: ODMGT101

# ODMGT103

# Foundations of Leadership

20 students 8 hours This course covers the most important concepts involved in managing people. It includes: personal tools for success; work/life balance; stress & time management; and action planning. PREREQ: ODMGT102

ODMGTCT

# Collaborative Outcomes: Teams & Teamwork

25 students 6 hours
This workshop develops
skills to operate effectively as
both a team member and
team leader with the goal of
producing effective collaboration. Participants will examine the stages of team development, approaches to
effective recognition, developing team goals and balancing individual with team
needs.

# ODMGTMPS Meetings & Group Problem Solving

25 students 6 hours This workshop focuses on the tools, such as facilitation and handling roadblocks, and the structures for productive group problem-solving and collaboration

# ODMGTFM Finance for Non-Financial Managers

25 students 6 hours
This course provides an understanding of the finances of organizations. Participants will examine financial terms, and business economics, along with basic tools to measure performance.

#### **ODMGTLI**

# Leadership through Influence and Negotiation

25 students 6 hours This session examines the influence and negotiation skills that managers use to communicate at all levels of the organization. Participants will develop skills to use neutral language, effective questions, and active listening to address issues and differences before they evolve into damaging conflict.

#### ODMGTCN

# **Conflict Negotiation and Mediation: Creating Wins**

25 students 6 hours
This course examines tools
and approaches managers
need to resolve intra-team
conflict that is not resolved at
the front-line level. Participants will learn styles and
strategies for managers to
mediate conflict between two
team members and help to
create a 'win-win' situation.

#### ODMGTDP

### Delivering 'Gold Medal' Presentations

25 students 6 hours This workshop examines the entire process for preparing and delivering a presentation. In small groups, participants will plan and present a group presentation after working through a step-by-step proc-

# ODMGTRC Respectful Communications

25 students 6 hours Communicating is a learned art. This course explores what constitutes successful interaction and how to improve current skill sets in both professional and personal interactions.

## ROADS SCHOLAR Contact: Donna Furbish

### NEW ODRS4200 Spanish Refresher

16 students 4 hours
Topics include Spanish pronunciation, greetings, communication strategies, numbers, dates, personal data, directions, safety/medical emergency terms, giving basic directions/instructions.
PREREQ: ODRS4000
Command Spanish

# NEW ODRS4300 Community Spanish: Survival Guide for English Speakers

16 students 18 hours
This course is designed for
employees who want an easy
and quick way to learn limited amounts of everyday
Spanish. The course is divided into three components:
Speaking in Spanish, Listening in Spanish, and CrossCultural Issues.

# NEW ODRS4400 Survival Spanish for Law Enforcement Officers

16 students 18 hours This course prepares non-Spanish-speaking police officers to use Spanish language skills to improve their ability to aid Hispanic victims and control offenders in potentially dangerous situations involving Hispanics.

# NEW ODRS7000 Conversational Sign Language

16 students 20 hours
This course will teach the fundamental skills needed to communicate with hearing-impaired transit customers.
Students will be introduced to the fundamental principles of American Sign Language.

NEW ODRS8000
Creating World-Class Customer Service

16 students 3 hours Companies that passionately believe in delivering the best service possible have created an organizational environment where every employee at every level of the organization is focused on the customer. This course focuses on the guiding principles that help organizations provide top customer service.

# WINDEW ODRS8100 Winning Teams: Building the Ultimate Pit Crew

16 students 3 hours What are the secrets to creating a high-energy team that works to maximum efficiency? How do you best use individual strengths to optimize team performance? Reap the rewards of collaborative effort.

# NEW ODRS8300 Wellness: Keeping Your Life in Balance

16 students 3 hours
Learn how to counter the
natural urge to assume responsibility for everything.
Instead of frustrating and
futile controlling strategies,
learn straightforward techniques for maintaining your
energy and keeping your balance, no matter what life
throws your way.

## ODLRS100

## Language Refresher Skills

15 students 12 hours This 6-week Language Skills Refresher course includes a review of the writing skills needed to be successful in the workplace. Topics include punctuation, grammar, and sentence structure.

## ODRS1000

# Business Writing & Math

10 students 12 hours The lab offers individualized instruction to enhance skills learned in the Language Skills Refresher course as well as in reading and math skills. Math element includes review of basic computation, introductory algebra, and introductory geometry, based on individual need.

#### **ODRS1057**

# Preparation for Management

12 students 12 hours Thinking about moving into management but aren't sure if it's for you? This course offers employees considering a position in management an opportunity to explore the skills needed to be an effective manager.

#### **ODRS1060**

# **Managing Your Career**

12 students 12 hours
This course offers employees
a chance to reflect on their
career, update their resume,
and explore further learning
and career opportunities. Students will learn what to expect during an interview,
effective interviewing skills,
and hands-on experience
practicing those techniques.

### ODRS1110

# **Basic Computer Skills**

8 students 12 hours
This course introduces students with little or no prior computer experience to the elements of using a personal computer. Course time will include practice in basic keyboarding skills.

## ODRS1010

### Windows/Word Level 1

8 students 12 hours This course provides students who have a working knowledge of basic computer skills with an introduction to PC file management & document skills using the Windows/ Word 2000 environment.

#### ODRS2010

### Windows/Word Level 2

8 students 12 hours
This course teaches students
to work with sections, columns, and tables. Students
will learn to use Microsoft
Word mail merging features,
import data, use styles and
AutoText. They will also
learn to insert graphics into
documents.

#### ODRS3010

### Windows/Word Level 3

8 students 12 hours
This course will teach students to use advanced features of Microsoft Word for styles and templates. Students will create forms, work with large documents, including master documents and table of contents. They will also learn to automate actions with macros.

# ODRS1020 Excel Level 1 8 students 12 hours

This course provides students with an introduction to creating simple Excel spreadsheets. Students will learn to use mouse and keyboard commands, use basic workbook editing skills, work with ranges, create simple formulas, copy and move data, and print a worksheet.

# ODRS2020

## **Excel Level 2**

8 students 12 hours
This course provides an opportunity to enhance basic spreadsheet skills. Students will learn to format numbers and text, work with columns and rows, work with formula features, format cells, use page setup and AutoFormat, create and work with simple charts using Microsoft Graph, work with large spreadsheets, and work with multiple spreadsheets.

#### ODRS3020

#### Excel 2000 Level 3

8 students 12 hours This course will teach students to use advanced features to analyze data. Students will work with advanced formulas, as well as create lookup and data tables.

#### ODRS1030

## PowerPoint Level 1

8 students 12 hours
Students will learn to edit and format text, work with views, work with simple graphics, and work with print features.
Students will also learn to create and work with summary slides, create simple charts using Microsoft Graph, work with AutoContent and design templates, and use slide show features.

### **BUS MAINTENANCE**

(Availability of these classes is very limited and dependent upon prior experience and skills)

# BUMAIN AA01 **Axle Alignment**

12 students 4 hours This course will teach students to align bus axles, bellow high adjustment. Gene Emery

#### BUMAINAF01

# Amerex Fire Suppression Overview

12 students 4 hours Course covers a basic understanding of the fire suppression system function. Andy LaPorta

### **BUMAINBR01**

# Front S-Cam Brake Procedure

10 students 8 hours This course covers MTA's procedures in servicing front brakes. In addition the stu dents will receive hands-on and special tools training. Andy LaPorta

#### BUMAINBT11

# **Neoplan Brake Training**

5 students 8 hours
This course covers the proper procedures and understanding on disassembly and assembly of Neoplan front brake system.

## Andy LaPorta

# BUMAINCE01 Cummins ISM Engine

20 students 16 hours This course covers a basic understanding of the Cum mins engine components and operation. Andy LaPorta

#### BUMAINCE02

## **Cummins ISL Engine**

20 students 16 hours Basic Diesel Engine E.C.M. inputs, outputs, and sensor circuits Pressurized fuel system Andy LaPorta

# BUMAINCS11 Charging System

30 students 4 hours This course covers a basic understanding of the 24v.and 12v.charging system Gene Emery

#### **BUMAINEO1**

# Neoplan AN440 Air Systems

10 students 4 hours The course covers a basic understanding of the air system; components location air system operation and troubleshooting air system Gene Emery

#### **BUMAINFS01**

## **Front Suspension**

12 students 24 hours Students will learn maintenance and repair of the front suspension. Andy LaPorta

### BUMAINRS01

## **Rear Suspension**

12 students 20 hours
The student will learn how to
maintain and repair bus rear
suspensions.
Andy LaPorta

#### **BUMAINJT16**

# Allison Transmission Troubleshooting & Prolink

5 student 8 hours This course covers a basic understanding of transmission electronics function and the proper use of a Pro-link scanner. Gene Emery

## BUMAIN01

# MAN Axle (Meritor, Axle, Neoplan)

1 student 8 hours This Instructor-led classroom course provides hands-on coverage of diagnosis, repairing, and inspecting for Man Axle assembly. Andy LaPorta

### BUMAINNM03

### Neoplan #3 – 50 Series Engine EGR

5 students 8 hours The student will be able to identify of the basic engine as well as locate, test, and troubleshoot the electronic components of the Series 50 EGR engine.

Gene Emery

#### BUMAINNM07

## Neoplan #7 - Ricon Wheelchair Ramp

5 students 8 hours This course will give students an understanding of the Ricon ramp and its components. Andy LaPorta BUMAINTRV1

## **Voith Transmission**

8 students 8 hours This course covers maintenance and repair of the Voith transmission. Andy LaPorta

#### BUMAINWF12

# New Flyer Vansco Multiplex 1 Module 2

12 students 8 hours This course conveys a basic understanding in reading Vansco multiplex wiring diagrams and components location Andy LaPorta

#### **BUMAINWF13**

# New Flyer Vansco Multiplex 2 Module 3

12 students 8 hours Continuation of Vansco 1 and hands on and laptop training. Andy LaPorta

### **BUMAINACC3**

### A/C Certification

12 students 24 hours Course prepares students to take A/C certification test. Course culminates in administration of actual A/C certification test. Gene Emery

#### BUMAINACB

#### **HVAC—Basics for Bus**

12 students 8 hours This course teaches students to properly service the HVAC system and in return reduce down time, time to overhaul & replace parts, and a/c related service calls.
Gene Emery

## BUMAINAH01

### Allison Hydroelectric Transmission

12 students 8 hours This course's topics include: EP system and electronics; electrical safety awareness; electrical system; service precaution; high voltage connector; and TCM/VCM overview.

### Andy LaPorta

## BUMAINNFH

# New Flyer Familiarization - Hybrid

4 students 40 hours The topics covered in this course include: familiarization; suspension; steering; Vansco multiplex; Hybrid propulsion system; doors; wheelchair ramp; Amerex; ABS brakes; and air system. Andy LaPorta

#### **BUMAINFHS**

# New Flyer Familiarization for Supervisors

10 students 7 hours This is an overview of the topics above in a (1) day class Andy LaPorta

#### **BUMAINFHSF**

# New Flyer Hybrid Safety for Fuelers

10 students 40 hours This course covers electrical safe work practices on Hybrid buses. Andy LaPorta

#### **BUMAINOPB1**

# Optima Engine & Transmission

4 students 7 hours Topics covered in this course include: Diagnostic equipment; engine & accessories; and transmission & controls Andy LaPorta

## **BUMAINOPB2**

## Optima Electrical System

4 students 7.5 hours Topics covered in this course include: system overview; charging system; and system troubleshooting. Andy LaPorta

# BUMAINOPB3 Optima Air System & Brakes

4 students 8 hours Topics covered in this course include: system troubleshooting; air system; ABS brake electrical system; and brake system. Andy LaPorta

#### **BUMAINOPB4**

# Optima General Maintenance Overview

4 students 7.5 hours Topics covered in this course include: preventive maintenance; interior & exterior body; wheelchair ramp system; door & wiper system; and manuals & schematics. Andy LaPorta

## BUMAINOPB5

# Optima Suspension & Steering

4 students 3.5 hours Topics covered in this course include: suspension & axles; and hydraulics & steering. Andy LaPorta

## BUMAINOPB6

#### **Optima HVAC**

4 students 2.5 hours BUMAINPL01 This course covers the Optima HVAC system. Andy LaPorta

#### **BUMAINOPB7**

### **Optima Orientation**

12 students 1.5 hours This course gives a general orientation to the Optima bus and its various systems. Andy LaPorta

## Posi/Lock Fueling

10 students 2 hours This course covers the operation and procedures of Posi-Lock fueling, including hookup, parts and tools, and repair procedures. Andy LaPorta

# BUMAINFO Fiber Optics

14 students 16 hours This course teaches fiber optic theory, preparing fiber optic cable for assembly, and includes a connectorization workshop. Joe Seitz

# BUMAINWEC1

# Welding Certification

12 students 4 hours Upon completion of this course, the student will be certified in welding. Andy LaPorta

# BUMAINWT01 Wheel and Tires

12 students 4 hours Course covers procedures for properly removing and replacing front and rear tires on all MTA buses. Andy LaPorta

### **BUS TRANSPORTATION**

(Availability of these classes is very limited and dependent upon prior experience and skills)

## NEW BUOPERDWD **Driving While Distracted**

10 students 2 hours The course is designed for all operators and affected personnel, warning them of the dangers of taking their eyes and concentration off the road. Cliff Coupling

## NEW BUOPERHND1 Have a Nice Day

12 students 4 hours Operators are provided with the skills and techniques for maintaining a safe environment on their buses. Elmer Coppage

#### **BUOPER112B**

## Workplace Safety and Security

20 students 8 hours This course is for new and existing bus operators. The student and operator will learn their roll and responsibility in system security. Elmer Coppage

### BUOPERCSC

## **Customer Service and Con**flict Resolution Training

20 students 4 hours This course will discuss personal accountability and responsibility and the six keys to successful customer service for bus operators. Participants will discover and discuss excellence in customer service through roleplay, group discussion, case studies, customer service DVD, and review of organizational mission and values. Elmer Coppage

#### **BUOPER119**

## Mutual Respect Policy & "In This Together"

12 students 1 hour This training is for operators and other personnel on MTA's policy on mutual respect in the workplace. Debra Williams

## BUOPER104

# **Smart Driving Plus**

12 students 6 hours This course is for new bus operators. The students will learn Defensive Driving techniques. Elmer Coppage

#### BUOPER2001

### Coaching the Transit Operator

24 students 4 hours This course is for new Bus Operators and covers basic to advanced training on skills needed to safely operate MTA buses. Kevin Whitley

## **CONTACTS**

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